

# Robert Cruz

## **Group Facilitator**

Wellington, FL 33449

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+1 312 489 5482

Dedicated group facilitator helping addicts/alcoholics to recover by sharing his firsthand knowledge and personal experience. With unbiased perspective and approach. Facilitator creates a neutral zone where alternative points of views can be shared and debated in a respectful manner.

## Work Experience

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### **Group Facilitator**

Recreate Life Counseling-Boynton Beach, FL

April 2024 to Present

- Demonstrate effective communication skills.
- Remains open to ever changing group member's needs.
- Demonstrates unwavering positivity.
- Promotes constructive feedback to group members.

### **Group Facilitator**

Better Tomorrow Treatment Center-West Palm Beach, FL

April 2024 to Present

- Demonstrate effective communication skills.
- Demonstrates unwavering positivity.
- Promotes constructive feedback to group members.
- Makes processes easier.
- Facilitate a process through adequate planning.
- Understand group and adopt a customized approach.

### **Group Facilitator**

Ascend Recovery-Lake Worth, FL

September 2022 to Present

- Creating relatable topics for group discussions.
- Establishing a safe environment that motivates participation.
- Stimulating interaction while remaining neutral.

### **Group Facilitator**

RECO Intensive-Delray Beach, FL

July 2023 to December 2023

- facilitator plans, guides, and manages group topics.
- ensures that the participants coordinate well and that the objectives are smoothly delivered and organized.

### **Group Facilitator**

Allure Detox-West Palm Beach, FL  
August 2022 to June 2023

- Establishing a safe environment that motivates participation.
- Maintains effective listening skills.
- Remains relatable to clients ever changing needs.

### **Group Facilitator**

Florida Recovery Group-Delray Beach, FL  
December 2021 to March 2022

- Guide, support, and bring out the potential in clients.
- Educate clients in the best ways to define and meet goals.
- Create and implement efficient processes.

### **Group Facilitator**

Aion Recovery-Lantana, FL  
February 2018 to December 2021

- Makes processes easier.
- Facilitate a process through adequate planning.
- Understand group and adopt a customized approach.

### **Group Facilitator/ BHT**

Watershed treatment facility-Boynton Beach, FL  
June 2017 to February 2018

### **Inmate Group Facilitator**

Adolescence group facilitator • BHT • Rosecrance treatment facility-Winnebago County Jail  
February 2013 to May 2014

April 2015-June 2017

Group facilitator/House Manager • Epiphany treatment facility

## Education

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### **Certified Life Coach in Transformations**

Udemy

January 2023 to February 2023

### **High school diploma**

Pedro Albizu Campos - Chicago, IL

August 1978 to May 1982

### **CBT Practitioner in CBT**

## Skills

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- KIPU (5 years)
- Sunwave (6 years)

- Bilingual
- HIPAA
- Communication skills
- Social work
- Behavioral health
- Addiction counseling
- Mental health counseling
- Documentation review
- Adolescents
- Behavioral therapy
- Leadership
- Motivational interviewing

## Languages

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- Spanish - Native

## Certifications and Licenses

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### **Transformations Life Coach**

Present

**DCF**

**HIPPA**

**CBT Practitioner**

**CPR Certification**

**LMHC**

**Driver's License**

**CADC**